



**Nottinghamshire County Sailing Club**  
**Training Section**  
 RYA Training Centre  
 Principal: Charles Ferrar



## Adult Sailing Course Application Form

Name of Course			
Name			
NCSC membership number (if applicable)			
Address			
Email (please write clearly)			
Contact number			
Emergency Contact Name and Number			
<b>Medical</b> If you have asthma, diabetes, angina, epilepsy, heart condition, or any disability, please tell us and include the details of any relevant medication			
<b>Water Confidence</b> (please Tick)	Yes	No	Non Swimmer

Sailing is a safe sport which, however, involves outdoor activity in the elements. Participants should be prepared to be wet, and on occasions, cold and possibly be knocked or bruised. It is your responsibility to state if you have any medical condition which may affect your ability to participate in the course, to comply at all times with the instructions given by instructors and accept the responsibility for any injury, damage or loss to the extent caused by your own negligence. I understand that the club's instructors do not accept any responsibility for any loss, damage or injury to people or property arising out of, or during the course of, the instructors' activities while instructing unless such injury loss or damage was caused by, or resulted from negligence or deliberate act.

To the best of my knowledge I am fit and able to participate

Signed ..... Date .....

To be signed by parent or guardian if under 18 I agree to my son/daughter/ward taking part in the course and in the event of an emergency I agree to him/her receiving medical treatment

Signed ..... Date .....

Please return forms to  
**Sarah Read, 12 Pinfold Close, Woodborough, Nottingham, NG14 6DP.**  
 with either a cheque payable to Notts County Sailing Club or make a BACS (details by emailing [trainingsec@ncsc.org.uk](mailto:trainingsec@ncsc.org.uk)) with your name as reference  
 All the Courses are run by unpaid qualified volunteers.

**Data Protection Act.** We store the details you give us on computer. To comply with the Act, we only use your details in connection with the activities of Notts County Sailing Club. We do not share them with any other person or organization