



Nottinghamshire County Sailing Club – NCSC

CLUB SERIES SAILING INSTRUCTIONS

(version 001-17)

1. RULES

1.1 All club sailing at Nottinghamshire County Sailing Club, NCSC, will be governed by the Racing Rules of Sailing (RRS) 2017-2020 and the principles and practices of the RYA Racing Charter.

1.2 The UKWA National Rules will apply for windsurfers.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the notice board outside the race office.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the sailing instructions will be posted on the notice board outside the race office before 10.00 on the day it will take effect.

4. SCHEDULE OF RACES

4.1 The schedule of races and number of races to qualify for a series will be published in the Handbook and displayed outside the race office.

4.2 The type of race scheduled shall not be changed by the Race Officer (RO) except with the permission of the current Sailing Secretary or a quorum of the Sailing Committee and any changes should be written up on the relevant RO Report. However, pursuit racing may be changed to handicap racing if there is extreme wind or if the proposed race course is not covered by wind.

4.3 Any amendment to the order of starting will be posted outside the race office prior to the first race.

4.4 On the last scheduled Sunday race day of the Frostbite Series races will be scheduled back to back with the pursuit race taking place first. Any amendment to this will be advised in accordance with 4.3 above.

5. CLASS FLAGS

Windsurfer	Flag R (red with yellow cross)
RS400	RS400 Class flag (Purple background with 'RS400' lettering)
Flying Fifteen	Naval numeral 6 (blue & white diagonal stripes)
Menagerie	Flag H (white and red vertical)
Scorpion	Naval numeral 2 (yellow, red, yellow, horizontal stripes)
Laser	Class flag (Red Laser symbol on white)
Solo	Solo Class flag (Black Solo symbol on white background)
Slow handicap	Numeral 6 (black and white horizontal pennant)

5A. Handicap Racing

One handicap or Menagerie Start: Flag H (White and Red vertical)

Pursuit race start Flag (Green Flag)

Multiple Handicap Starts:

1 st Start: Scorpion and faster	Yellow, red, yellow horizontal stripes
2 nd Start: Slower than Scorpion	Flag H (white and red vertical)
Junior or Youth	Numeral 6 (black over white pennant)

6. RACE AREA

6.1 The race area includes the whole lake, with the exception of the gap between Tern Island and the main shore (see map displayed near race office). Any boat sailing in this area may be disqualified.

7. COURSE

7.1 The course will be displayed on the Committee Boat on a course board.

7.2 The start line will also be a gate.

7.3 If the Race Officer changes the course before the warning signal Flag L shall be flown and the new course displayed.

8. PROPULSION

8.1 A Flag Officer or the Sailing Secretary may be a designated observer in respect of rule 42. This amends rule 67 RRS.

9. MARKS

9.1 Marks are numbered 1 to 10 clockwise around the lake, being alternately yellow (odd

numbers) and orange (even numbers). Mark 1 is adjacent to the clubhouse. Additional marks A (white, red, white horizontal colours), T (red white blue) and X (green and white check colours) may be positioned at any location on the lake. The Gate G (start line) will always be a mark of the course.

10. THE START

10.1 Races will be started at 3-minute intervals. This amends rule 26. Races will be started using the following signals:

Signal	Flag and Sound	Minutes before start
Warning	Class flag + 1 sound	6
Preparatory	P, I, Z or Black + 1 sound	3
Starting	Class flag removed + 1 sound	0

Note: Flag P  Flag I  Flag Z  Black 

10.2 The starting line will be between a staff displaying an orange shape on the committee boat and a yellow outer distance mark. An inner distance mark may be used at the discretion of the Officer Of the Day (OOD). When used all boats must pass between the inner and outer distance marks to start or finish the race. This line also forms the gate to be passed through on all laps if the course display indicates G as a mark of the course.

10.3 Any class involved in a general recall will go to the end of the starting sequence. In this instance, the preparatory signal for a new start shall be made three minutes after the preparatory signal for the last race in the sequence. This changes RRS 29.2.

11. THE FINISH

11.1 The finish line will be the start line or the line between a staff on the committee boat displaying an orange shape and the nearest mark of the course or a boat displaying flag S and the nearest mark of the course.

11.2 In handicap racing a blue flag and relevant class flag will signify that the finish line is open and boats will finish when next passing through the finish line.

11.3 All handicap races (except pursuit) will be average lap.

12. TIME LIMITS

12.1 In Handicap and Menagerie class racing any boat with a PY number less than Laser

Radial taking more than 30 minutes to complete a lap will be finished on that lap and will not be considered as the first finisher with respect to the race duration. This amends Appendix A RRS.

12.2 In Handicap and Menagerie class racing, boats failing to finish within 30 minutes after the leading boat has crossed the finish line will be scored DNF. This changes RRS 35 and A4.1.

12.3 In Class racing, boats failing to finish within 15 minutes of the first boat may be finished and awarded a finishing position at any mark or by use of a moving finish line. This amends RRS 35.

13. PROTESTS AND REQUESTS FOR REDRESS

13.1 Forms for protests and requests for redress are available at the race office.

13.2 Any person intending to protest shall lodge their intention to protest at the race office.

13.3 Any person intending to request redress shall submit a protest form as soon as practicable after the results are posted

13.3 The time limit for protests notification is within 30 minutes of the last boat reaching the shore or the posting of the results for requests for redress.

13.4 The Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedure will be available. For these purposes an exoneration penalty of 20% shall apply although the final position of a penalised boat shall be no worse than if she had retired. At an informal hearing, rules 61.2, 63.5, 63.6 RRS shall not apply.

14. SCORING

14.1 Visitors results will be discarded and remaining finishing positions increased accordingly.

14.2 The low point scoring system of Appendix A will apply. Amended as:

DNF, RET, BFD, DSQ and OCS - to score as the number of starters + 1 in that race.

DNS & DNC - to score as number of entries in the series

14.3 In average lap racing no boat of the same class, or boat with a higher PY number, shall be beaten by a boat with a lower PY number that has completed fewer laps. That boat or boats shall have their average lap time increased to 1 second more than the boat completing more laps.

14.4 The number of races to constitute a series will be published prior to the start of the series. This may be amended by the Sailing Committee.

14.5, For a race to be counted towards a series, two or more boats must rank as starters. Any boat with a Class status starting in the Menagerie class start will be scored as DNS.

15. USE OF THE LAKE

15.1 Use of the lake is prohibited to any craft over 21ft (6.2m) in length including any extended bowsprit or extending spinnaker pole.

15.2 Use of the lake is also prohibited (except with written permission of the Sailing Committee) to any boat with a Portsmouth Yardstick (PY) lower than a 505 (Ref. PY in 2015: 912).

16. SAFETY REGULATIONS

16.1 Helms and crews intending to race shall enter their names on the signing on sheet located near the race office. Failure of a helm and crew to sign on shall result in a score of DNS without a hearing. This amends RRS 63.1

16.2 Any boat that retires from a race shall notify the Race Committee as soon as possible.

16.3 Competitors shall wear adequate personal buoyancy. This shall be at least a waistcoat-type buoyancy aid, appropriate to body weight and in serviceable condition. Adult (over 18 years) windsurfers correctly wearing a torso or full body wet suit may choose not to wear a buoyancy aid at their own risk. This changes RRS 40.

17. REPLACEMENT OF CREW OR EQUIPMENT

17.1 All boats shall compete under their registered sail number. Requests for substitution of sail numbers shall be made to the Race Officer. This changes RRS 77.

18. EQUIPMENT OR MEASUREMENT CHECKS

18.1 NCSC encourages all sailors to be members of their respective Class Associations. RRS 87 will apply. NCSC has not applied to any class association to be exempt from any class association rules.

18.2 Penalties for breaches of class association rules shall be at the discretion of the protest committee and will range from no penalty to disqualification.

18.3 For Laser Class racing Rooster Laser replacement sails (reference Rooster Sailing Limited) are permitted.

19. DISCLAIMER OF LIABILITY

19.1 Competitors compete in the racing entirely at their own risk (RRS 4). The organising authority does not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during or after the races.

20. INSURANCE

20.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000.

Amended: May 2017

Dave Snutch Sailing Secretary.