

## 2021 Black and White Series Sailing Instructions

### 1. RULES

1.1. All club sailing at Nottinghamshire County Sailing Club, NCSC, will be governed by the Racing Rules of Sailing (RRS) 2021-2024 and the principles and practices of the RYA Racing Charter.

1.2. The UKWA National Rules will apply for windsurfers.

### 2. ELIGIBILITY AND ENTRY

2.1. Racing is open to windsurfers and monohull dinghies with a PY number more than 902 and less than 6.2 metres in overall length (including any bowsprit or similar contrivance when fully extended).

2.2. Competitors with boats that have a PY number less than 902 or a length greater than 6.2 metres may be given permission to sail in some specific races at the discretion of the sailing secretary.

2.3. Junior handicap races are open to those helms and crews who are under 19 on the 31st December 2021

2.4. Competitors intending to race shall sign on for the series by emailing [onlineentry@ncsc.org.uk](mailto:onlineentry@ncsc.org.uk) with the name of helm and crew, boat class and sail number, no later than the day before their first race is due to take place. For Junior fleet competitors, a parent or guardian will be required to sign on their behalf. Competitors may amend their series entry on a particular day using the entry amendment sheet posted by the race team outside the clubhouse alongside the adjacent slipway.

2.5 A condition of entry is that each competitor will undertake to fulfil a duty for one day in the series. Duties should be booked via the Duty roster in the Members section of the club website.

2.5. Failure of a helm and crew to sign on shall result in a score of DNS without a hearing. This amends RRS 63.1

2.6 The fleets will be split in Windsurfers, Fast, Slow handicap and Juniors. They will start in that sequence. Fast handicap to include all classes with a PY of 1041 or less (ie Scorpions and faster). Slow handicap PY 1042 or greater.

2.7 Each fleet will have its own start at 3 minute intervals; races will be held back to back.

### 3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the sailing instructions will be posted on the race board under the clubhouse by the race officer no later than an hour before the start of the first race of the day.

### 4. SCHEDULE OF RACES

4.1. The type of race scheduled shall not be changed by the Race Officer (RO).

### 5. CLASS FLAGS

5.1. No flags will be displayed.

## 6. RACE AREA

6.1. The race area includes the whole lake, with the exception of the gap between Tern Island and the main shore (see map displayed near course board). Any boat sailing in this area will be disqualified.

## 7. COURSE

7.1. The course shall be displayed on a white board under the club house adjacent to the slipway, no later than half an hour prior to the start of the first race. If a committee boat start is used the course will also be displayed on the boat.

7.2. All marks of the course will be rounding marks

## 8. MARKS

8.1. Marks are numbered 1 to 10 clockwise around the lake, being alternately yellow (odd numbers) and orange (even numbers). Mark 1 is adjacent to the clubhouse. Additional marks A (white, red, white horizontal colours), T (red white blue) and X (green and white check colours) may be positioned at any location on the lake. The Gate G (start line) will always be a mark of the course.

## 9. Shore based START

9.1. Races will be started at 3-minute intervals. This amends rule 26.

9.2 When a shore based start line is used, races will be started using the following signals:

Time	Portable Boards	
-6 min	6-minute board + 1 sound signal	
-3 min	3-minute board + 1 sound signal	
-0 min	3-minute down + 1 sound signal, 3 minute board up after 15 sec	W'surfer Start
+3 min	3-minute board down and up after 15sec	Fast H'cap Start
+6 min	6 & 3-minute boards down, 3-minute board up after 15sec	Slow H'cap Start
+9 min	3-minute board down	Junior Start

9.3. The starting line will be between a post sited on the windsurfer point and a black mark. There may also be a yellow inner distance mark. Boats shall not sail between the bank and the inner distance mark.

9.4 No flags will be used. This amends RRS26

9.5 Individual recalls will be signalled by a second sound signal after the start. No recall flag will be displayed. This amends RRS 29.1

9.6 Competitors on the course side at the start signal shall return around the outer black mark before crossing the start line to start. This amends RRS 29.1 and 30.1

## 10. Committee boat START

10.1. Races will be started at 3-minute intervals. This amends rule 26.

10.2 When a committee boat start line is used, races will be started using the following signals:

<b>Time</b>	<b>Flags</b>				<b>Start</b>
-6 min	Windsurfer flag (R)	<b>UP</b>			
-3 min	Fast handicap (1) & Preparatory flags (P)	<b>UP</b>			
-0 min	Slow Handicap flag (H)	<b>UP</b>	Windsurfer	<b>DOWN</b>	Windsurfer
+3 min	Junior flag (6)	<b>UP</b>	Fast	<b>DOWN</b>	Fast Fleet
+6 min			Slow	<b>DOWN</b>	Slow fleet
+9 min			Junior & preparatory	<b>DOWN</b>	Junior fleet

10.3 The starting line will be between a staff displaying an yellow shape on the committee boat and a yellow outer distance mark. An inner distance mark may be used at the discretion of the Race Officer (RO). When used all boats must pass between the inner and outer distance marks to start or finish the race. This line also forms the gate to be passed through on all laps if the course display indicates G as a mark of the course.

10.4 Any fleet involved in a general recall will go to the end of the starting sequence. In this instance, the preparatory signal for a new start shall be made three minutes after the preparatory signal for the last race in the sequence. This changes RRS 29.2.

10.5 Individual recalls will be signalled by raising flag X with one extra sound signal. Flag lowered when recalled boats have returned and re-crossed the start line, or after 2 minutes. Competitors on the course side at the start signal shall return around either end of the start line before crossing the start line to start. This amends RRS 29.1 and 30.1.

10.6 A notice stating a committee boat start will be used will be posted on the white board below the clubhouse near the slipway.

## 11. THE FINISH

11.1. The finish line will be the start line.

11.2. All races will be average lap.

## 12. TIME LIMITS

12.1. Any boat with a PY number less than Laser Radial (1147) taking more than 30 minutes to complete a lap will be finished on that lap and will not considered as the first finisher with respect to the race duration. This amends Appendix A RRS.

12.2. Boats failing to finish within 30 minutes after the leading boat has crossed the finish line will be scored DNF. This changes RRS 35 and A4.1.

## 12. PROTESTS AND REQUESTS FOR REDRESS

12.1. Any person intending to protest or request redress shall lodge their intention to protest by email to the protest co-ordinator within 24 hours of the race finish.

12. 2. Protests hearings will be held virtually by a mutually agree medium.

12.3. The Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedure will be available. For these purposes an exoneration penalty of 20% shall apply although the final

position of a penalised boat shall be no worse than if she had retired. At an informal hearing, rules 61.2, 63.5, 63.6 RRS shall not apply.

### **13. SCORING**

13.1. No boat of the same class, or boat with a higher PY number, shall be beaten by a boat with a lower PY number that has completed fewer laps. That boat or boats shall have their average lap time increased to 1 second more than the boat completing more laps.

13.2. For the scheduled series of 8 races, the number of races to count will be 4 races.

13.3. For a series shorter than 8 races, the number of races to count will be the number of sailable races divided by 2, rounded up to the next whole number.

13.4. For a race to be counted towards the series, two or more boats must rank as starters.

13.5 If a competitor is intending to sail in more than one boat, then all boats that the helm is intending to sail need to be signed on.

13.6 Results will be given for the boat participating on the day, they will not be amalgamated with any other boats signed on by that person for that series.

13.7 Competitors who are on duty as Race officer, Assistant Race Officer, Safety boat driver or Safety boat crew will be awarded their average position for the series for those races when they were on duty, up to a maximum of two races.

### **14. SAFETY REGULATIONS**

14.1. If there are insufficient volunteers to provide Safety cover and a Race officer with an Assistant, no race will be held.

14.2. A race shall not be started if, at 15 minutes before the scheduled start time, the average wind strength recorded over the preceding 15 minutes is 20 mph or higher, or if there has been a gust of 25 mph or more in the preceding 15 minutes.

14.3 No boats may be towed ashore due to lack of wind. All boats shall be able to paddle themselves ashore in the event of insufficient wind to sail.

14.4. If safety cover is withdrawn the race officer will abandon the race and no further races will be held that day.

14.5. All boats shall be aware of and shall take into consideration the government's current social distance requirements, currently 2m, and where possible remain this distance apart.

14.6. All boats shall have a mast float attached, min of 2.2l (4 pint) with the exception of boats which have fixed keels. For this purpose, a sealed empty plastic milk bottle will suffice.

14.7 Any boat racing without a mast head float will be disqualified without a hearing. This amends RRS63.1.

14.8. Any boat that retires from a race shall notify the Race officer as soon as possible.

14.9 Competitors shall wear adequate personal buoyancy. This shall be at least a waistcoat-type buoyancy aid, appropriate to body weight and in serviceable condition. Adult (over 18 years) windsurfers correctly wearing a torso or full body wet suit may choose not to wear a buoyancy aid at their own risk. This changes RRS 40.

#### **15. REPLACEMENT OF CREW OR EQUIPMENT**

15.1. All boats shall compete under their registered sail number. Requests for substitution of sail numbers shall be made to the Race Officer. This changes RRS 77.

15.2. If a boat in the handicap fleet uses a different size sail in the series, the handicap will be recorded as if they were using the boat with the lower PY number.

#### **16. EQUIPMENT OR MEASUREMENT CHECKS**

16.1. NCSC encourages all sailors to be members of their respective Class Associations.

16.2. Penalties for breaches of class association rules shall be at the discretion of the protest committee and will range from no penalty to disqualification.

16.3. For Laser Class, Rooster Laser replacement sails (reference Rooster Sailing Limited) are permitted.

#### **17. DISCLAIMER OF LIABILITY**

17.1. Competitors compete in the racing entirely at their own risk (RRS 4). The organising authority does not accept any liability for material damage or personal injury, or death sustained in conjunction with, prior to, during or after the races.

#### **18. INSURANCE**

18.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000.